



heart ↔ soul ↔ mind ↔ strength

AUGUST 31, 2014

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## GOD'S RX FOR HEALTH

Jonathan Jarboe, Senior Pastor

*'You must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.'*  
Mark 12:30 (NLT)

### 1. GOD EXPECTS ME TO \_\_\_\_\_.

*"All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be enslaved by anything. "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other.* 1 Corinthians 6:12-13a (ESV)

### 2. MY BODY \_\_\_\_\_.

*But our bodies were not made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies.* 1 Corinthians 6:13b (NLT)

### 3. MY BODY WILL BE \_\_\_\_\_.

*And God will raise our bodies from the dead by his marvelous power, just as he raised our Lord from the dead.* 1 Corinthians 6:14 (NLT)

### 4. MY BODY IS \_\_\_\_\_.

*Don't you realize that your bodies are actually parts of Christ? Should a man take his body, which belongs to Christ, and join it to a prostitute? Never! And don't you know that if a man joins himself to a prostitute, he becomes one body with her? For the Scriptures say, "The two are united into one." But the person who is joined to the Lord becomes one spirit with him. Run away from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.* 1 Corinthians 6:15-18 (NLT)

### 5. THE HOLY SPIRIT \_\_\_\_\_.

*Or don't you know that your body is the temple of the Holy Spirit, who lives in you and was given to you by God?* 1 Corinthians 6:19a (NLT)

### 6. ON THE CROSS JESUS \_\_\_\_\_.

*You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.* 1 Corinthians 6:19b-20 (NLT)

*You made me; you created me. Now give me the sense to follow your commands.*  
Psalm 119:73 (NLT)

## BIBLICAL KEYS TO HEALTH

- \_\_\_\_\_ **IS GOOD FOR MY HEALTH.**  
*A relaxed attitude lengthens life; jealousy rots it away.* Proverbs 14:30 (NLT)  
*Don't worry about anything; instead, pray about everything.* Philippians 4:6 (NLT)

**IS GOOD FOR MY HEALTH.**

*When I refused to confess my sin, I was weak and miserable, and I groaned all day long ... Finally, I confessed all my sins to you and stopped trying to hide them ... And you forgave me! All my guilt is gone.*

Psalm 32:3, 5 (NLT)

*Confess your sins to each other and pray for each other so that you may be healed.*

James 5:16 (NLT)

**IS GOOD FOR MY HEALTH.**

*The generous prosper and are satisfied; those who refresh others will themselves be refreshed.*

Proverbs 11:25 (NLT)

*Remember this—a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. You must each make up your own mind as to how much you should give. Don't give reluctantly or in response to pressure. For God loves the person who gives cheerfully. And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others. As the Scriptures say, "Godly people give generously to the poor. Their good deeds will never be forgotten." For God is the one who gives seed to the farmer and then bread to eat. In the same way, he will give you many opportunities to do good, and he will produce a great harvest of generosity in you. Yes, you will be enriched so that you can give even more generously. And when we take your gifts to those who need them, they will break out in thanksgiving to God. So two good things will happen—the needs of the Christians in Jerusalem will be met, and they will joyfully express their thanksgiving to God. You will be glorifying God through your generous gifts. For your generosity to them will prove that you are obedient to the Good News of Christ. And they will pray for you with deep affection because of the wonderful grace of God shown through you. Thank God for his Son—a gift too wonderful for words!* 2 Corinthians 9:6-15 (NLT)

**IS GOOD FOR MY HEALTH.**

*A cheerful heart is good medicine, but a broken spirit saps a person's strength.*

Proverbs 17:22 (NLT)

*"I came that they may have life and have it abundantly."*

John 10:10 (ESV)

*"Do you want to get well?"*

John 5:6 (NIV)

**OUR PURPOSE: KNOWLOVEGROWLOVESHOWLOVE**

**PLEASE COMPLETE THE WELCOME CARD** found in the chair in front of you and place it in the offering. You can indicate any decisions and interests on the back.

**PLEASE BE CONSIDERATE IF YOU NEED TO LEAVE THE AUDITORIUM EARLY.** We understand things sometimes come up. We only ask that you exit quietly, and when you re-enter, quietly find a seat in the balcony.

**KIDS' WORSHIP** provides a warm, nurturing, and well-supervised experience. The Preschool Building is next to the Cypress exit. 1st-5th grade children meet at 9am and 10:45am in the Kids Worship Center.

**FREE WIFI AVAILABLE.** ID: "PathwayGuest" — Password: "PathwayChurch"

Video and audio versions of today's sermon are available at [pathwayonline.com/media](http://pathwayonline.com/media).

**NEWCOMERS/MEMBERSHIP CLASS:** TODAY 10:45am in the church office conference room.

**MEXICO OUTREACH:** HoM trip to Ensenada, November 7-8. \$75 includes transportation and lodging. Sign up on the patio or email [dvasquez@pathwayonline.com](mailto:dvasquez@pathwayonline.com). The pre-build is here at Pathway on November 1 from 7am-noon.

**WOMENS' EVENT-SEASONS OF JOY:** September 28, 3-4pm in the Underground. Hear inspiring stories from Pathway women and enjoy some autumn fun. Tickets are available on the patio for \$5.

**TURNING POINT DISCIPLESHIP:** Discipleship groups are back up running! Discipleship students will receive priority spots for mission trips. See Doug for more details.

**WIRED DISCIPLESHIP:** Wednesdays 6pm-6:45pm. Discipleship groups are led by an adult mentor of 3-4 students, instilling Christian disciplines. Sign up with Doug.

**TURNING POINT BBQ/POOL PARTY:** Saturday, September 13, 5-9pm at the Underdown's. Food, swimming, & worship!

**TURNING POINT GIRL'S RETREAT:** September 19-21. \$20. All -girls retreat in Oceanside. Sign up with Doug by September 9th to receive a shirt!

**CHURCH-WIDE MASS TEXTING:** Join our mass texting service to keep you up-to-date with what's happening here at Pathway Church. Text your name and "Pathway" to 313131.

**PRAYER ROOM:** Prayer for Sunday's services 15 minutes before each service. Prayer Room is open each Sunday 8am-12:30pm. For info, contact [nancysonshine@yahoo.com](mailto:nancysonshine@yahoo.com).

**PATHWAY WINDOW DECALS** are available at Higher Grounds.

**INSTAGRAM/TWITTER:** Hashtag your Pathway related pics or tweets [#pathwayredlands](https://www.instagram.com/pathwayredlands).

To get the latest info and to see a calendar of upcoming events, sign up for the eGuide at [pathwayonline.com](http://pathwayonline.com). You can also find a small group, ministry team, invite a friend, or follow Pathway on social media from the site.

NEED THE INFO TODAY? Visit our brochure rack on the patio or check out [pathwayonline.com](http://pathwayonline.com) on your mobile device.

